



**JUNGLE CATS**

# 2020 AEROBICS

## TRYOUTS

**WEDNESDAY 25TH SEPTEMBER**

Primary - Registration - 12:45pm, Tryouts - 1-2pm

Secondary & Old Skool - Registration - 1:45pm, Tryouts - 2-3pm

Athletes will present skills as well as learn a short combination.

Everyone who tries out will make a competitive team, whether it be a solo, duo or team!!

**JUNGLE CATS**

**CHEERLEADING, DANCE & AEROBICS**

**25 BAYPORT CRT, MORNINGTON 3931**

**0487 274 985**

**INFO@JUNGLECATS.COM.AU**

**WWW.JUNGLECATS.COM.AU**

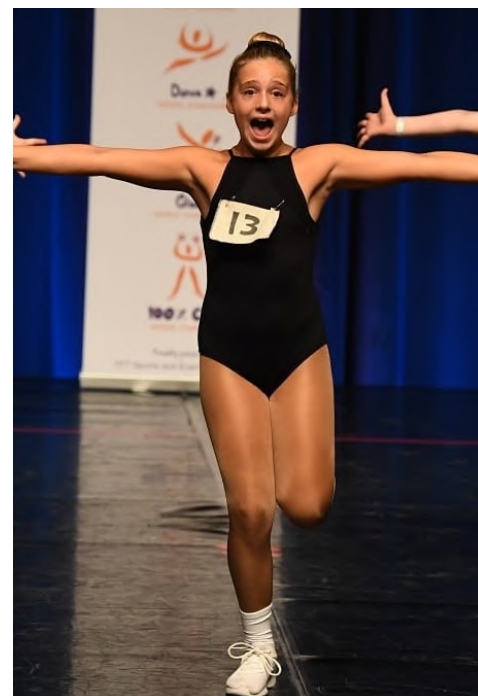
In 2020 we are changing the way we run our competitive aerobics program. As the competitions are so early on in the year, we will be starting training & Choreography in Term 4 of 2019! This will give more time for the teams to bond and work on their skills, as well as more time for the routines to be the best they can be.

## TRAINING

Teams - 1 hour once a week

Duos - 30 mins once a week (recommended)

Solos - 30 mins once a week (recommended)



## FEES

Our fee structure in 2020 will also be changing. Fees will be charged monthly and can be paid via Eftpos, Cash, Bank transfer or Direct Debit.

A second competition team will still be 50% discount. Instead of charging per team we will be invoicing based on how many hours per week each athlete trains.

e.g 1 hour per week = \$64 a Month

We are also introducing an unlimited class fee.

If you pay \$70 a week you can attend as many classes as you want! Recreational or Competition, however competition classes must be attended every week.



## UNIFORM

Leotards are \$100 each for all Team athletes.

Solos and duo are invited to create a design or they can wear the leotard they already have.

NEW 2020 training uniforms will be release in 2020.

## MEMBERSHIP

\$50 for New Jungle Cat members

This will include a Club T-shirt to be worn to competitions and Personal Accident Insurance.

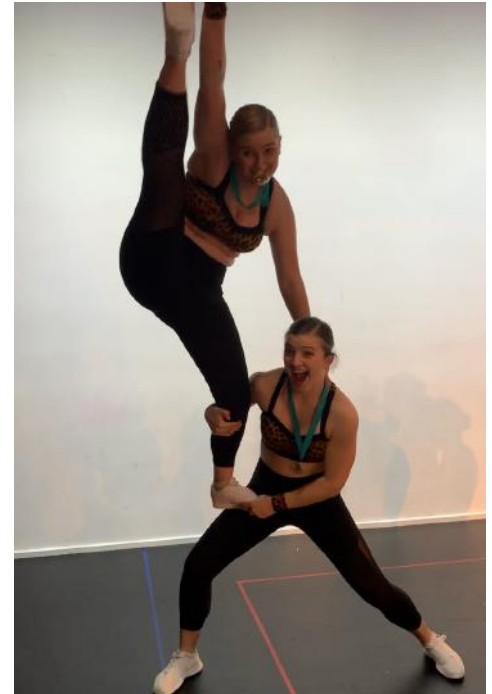
\$25 for existing Jungle Cat members

This includes Personal Accident Insurance.



## MUSIC

All Competitive athletes will be charged \$35 per team for Music



## COMMITMENT POLICY

In 2020 a new Commitment policy will be put into place.

ALL competition athletes & parents/guardians will be required to sign a contract stating that they understand and agree to commitments associated with being a part of a Jungle Cats competition team.

These include:

Attendance/Dates

Our office must be notified before choreography if you are away for the following important dates. Absences for these dates will possibly mean you are unable to participate in the team.

Please remember we do not offer refunds from 7 days after payment

Competitions & Show Offs

The most important dates in our year!

Please transfer these from the calendar to your diary ASAP

Choreography

Coaches cannot place an athlete into the routine if athletes are not present. The entire competition routine will be completed during these sessions.

Term Classes

These are the foundation for a successful season! We expect athletes to be at ALL classes (for exceptions, see next page).



WE ARE ALSO INTRODUCING A COMMITMENT FEE:

\$45 PER ATHLETE PER TEAM WHICH WILL BE REMOVED FROM THE LAST MONTH FEES OF THE SEASON (WILL BE DETERMINED BY QUALIFICATION)

## Class additions/cancellations

Please be respectful of any decisions to cancel or add classes. We always aim to give adequate notice of additions, and do our best to minimise cancellations.

Teams will not operate in Summer if the weather is forecast for 35 Deg or higher after 3pm

## Injuries/Illnesses

Illnesses and injuries hold teams back from progressing together as we need to spend the following practice reviewing what was learnt in the missed practices. If an athlete is ill we require them to come to practice and rest whilst watching (within reason). If an athlete is injured, we require them to come to practice and complete appropriate conditioning (including professionally advised rehab) to ensure they maintain strength and can return to full activity when cleared by a medical professional. All athletes must take responsibility for their injuries and seek professional advice ASAP.

## ABSENCES

All practices 7 days before a competition (2 weeks before Nationals) are 100% non excusable. You are required to attend all competition set from January 2020. Missing a competition without prior approval is taken very seriously. Our office must be notified prior to enrolment if you are away for a competition. Holidays & absences are not to be schedule within 2 weeks of a competition.

All absences (including late attendance) must be emailed to [info@junglecats.com.au](mailto:info@junglecats.com.au) or texted to 0487274985.

(Please send us your school camp dates ASAP)

During competition season April - August, the Jungle Cats schedule must be your first priority over other activities including part time jobs.

### Acceptable absences:

School events that will directly affect school report/grades

Weddings

Severe illness/Hospitalisation.

