## \*\*Athlete Guidelines: \*\*

- All athletes must act in the best interest of Jungle Cats. Failing to do so may result in the athlete being removed from the program.

- Students are not to create private groups/chats outside of the official groups created by management. This is to ensure that all teams remain positively focused for the entirety of the season.

- No gum, food, or soft drinks are to be consumed inside the gym. Only sealed water bottles. All food must be consumed in reception.

- All bags are to be placed in the bench area. No responsibility will be taken for lost/misplaced items, so please do not bring valuables to classes.

- Personal hygiene is of great importance at all times of the year. Please always arrive clean and wear deodorant. Bring a sweat towel/sweatband if needed. As you are in constant contact with your fellow teammates, cleanliness is a must.

- No athletes are to be playing around in the gym without a supervising coach/staff member.

- Students MUST respect all members of Jungle Cats, including ALL staff, coaches, guest coaches/teachers, fellow students, other parents, and guests. No misleading comments are to be made about other students, staff, or families AT ALL.

- Jungle Cats is a happy and safe environment for all. Students are here to have fun and learn a sport. We do not tolerate bullying at any level. Any athlete caught bullying another member of Jungle Cats will be removed from the program.

- You must arrive at all training sessions, competitions, and all scheduled events on time. Being late puts a huge strain on all teammates, and you will miss vital warm-up time. Punctuality is a must.

- All athletes are to be appropriately dressed for all training. Athletes must be in Jungle Cats uniforms with hair up and off the face. No jewellery is to be worn in cheerleading classes.

JUNGLE CATS CHEERLEADING, DANCE & AEROBICS INFO@JUNGLECATS.COM.AU 25 BAYPORT CRT MORNINGTON

## \*\*Parent Guidelines: \*\*

- No siblings who are not current students/athletes are to be playing around in the gym area. If they are permitted, it must be with a supervising coach.

- Parents MUST respect all members of Jungle Cats, including ALL staff, coaches, guest coaches, fellow students, other parents, and guests.

- No misleading comments are to be made about other students, staff, or families AT ALL. Jungle Cats is a happy and safe environment for all. Students are here to have fun and learn a sport. We do not tolerate bullying at any level.

- It is not acceptable to post negative comments on any form of social media, websites, or chat rooms regarding the club, teammates, staff, or families from the club. If any situations require resolving, that should be done privately among those involved. Any negative post may result in a review of your position at the club.

- All conversations in the foyer/gym/carpark area must be respectful and positive to all athletes, coaches, staff, and families. DO NOT indulge in or create foyer gossip, as this will not be tolerated. If you do have a problem, please direct it to the staff at an appropriate time or send us an email, <u>info@junglecats.com.au</u>.

- You must ensure your child/children arrive at all training sessions, competitions, and all scheduled events on time. Being late puts a huge strain on the team.

- It is the responsibility of both the athlete and the parent to keep up to date with any news or information regarding your students' teams

- Please check the JC social media and your emails regularly.

- Please understand that withholding children from training sessions or competitions as a form of punishment is NOT tolerated. This severely affects not only the student involved but the entire team, and if this occurs may lead to the athlete's position on the team being reviewed. Please let us work with you in creating solutions & processes with students' behaviour to encourage positive steps forward without affecting the rest of the team.